

# National Institute of Mental Health Outreach Partnership Program

## *Update*

April 15, 2010

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**U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
National Institutes of Health  
National Institute of Mental Health  
Office of Constituency Relations and Public Liaison**

## **Science and Service News Updates**

### **NIMH: Imaging Studies Help Pinpoint Child Bipolar Circuitry—In-Scanner Tasks Reveal Divergences with Overlapping Disorders**

A series of imaging studies are revealing that the brain works differently in youth with bipolar disorder (BD) than in chronically irritable children who are often diagnosed with pediatric BD. "This suggests that chronically irritable children may suffer from a syndrome distinct from BD and may require different treatments," said Ellen Leibenluft, M.D., chief of NIMH's Section on Bipolar Spectrum Disorders, which is conducting the studies.

Science Update: <http://www.nimh.nih.gov/science-news/2010/imaging-studies-help-pinpoint-child-bipolar-circuitry.shtml>

### **NIMH: Novel Model of Depression from Social Defeat Shows Restorative Power of Exercise—New Neurons Pinpointed as Central to Exercise Benefit**

In a study in a mouse model that mimics the contribution of social stress to human depression, an environment that promotes exercise and exploration alleviated depressive behavior in the mice. The beneficial effect of activity depended on the growth of new neurons in the adult brain.

Science Update: <http://www.nimh.nih.gov/science-news/2010/novel-model-of-depression-from-social-defeat-shows-restorative-power-of-exercise.shtml>

### **NIMH: Family History of Depression Alters Brain's Response to Reward and Risk**

Girls at high risk for depression but without current or past clinically significant symptoms showed abnormal brain function related to anticipating and receiving either a reward or loss, according to a study funded by NIMH. According to the researchers, this abnormal brain function may be useful for predicting future illness in people with a family history of depression. The study was published in the April 2010 issue of the *Archives of General Psychiatry*.

Science Update: <http://www.nimh.nih.gov/science-news/2010/family-history-of-depression-alters-brains-response-to-reward-and-risk.shtml>

### **HHS, HUD Partner to Allow Rental Assistance to Support Independent Living for Non-Elderly Persons with Disabilities—\$40 Million Available to Local Housing Agencies to Assist 5,300 Families**

Health and Human Services (HHS) and Housing and Urban Development (HUD) have collaborated to provide housing support for non-elderly persons with disabilities so that they may live productive, independent lives in their communities rather than in institutional settings. HUD is offering approximately \$40 million to public housing authorities across the country to fund approximately 5,300 Housing Choice Vouchers for non-elderly persons with disabilities, allowing them to live independently. HHS will use its network of state Medicaid agencies and local human service organizations to link eligible individuals and their families to local housing agencies who will administer voucher distribution.

<http://www.hhs.gov/news/press/2010pres/04/20100407a.html>

## **Resources: Publications, Toolkits, Other Resources**

### **New on the NIMH Website**

#### *Director's Blog—Diagnosis: Pediatric Bipolar Disorder?*

One of the more contentious issues in children's mental health involves pediatric BD. Researchers have shown that when BD presents in children, it tends to be a severe form of the illness. But children who have been diagnosed with pediatric BD may, in fact, have different illnesses requiring different treatments. Antipsychotic and anticonvulsant medications, which are appropriate for BD – potentially are being used unnecessarily in children with other disorders.

<http://www.nimh.nih.gov/about/director/index.shtml#p76676>

#### *New Speaking of Science Vodcast: The Warning Signs of Childhood Bipolar Spectrum Disorder*

Bipolar Spectrum Disorder is rare among children. But for parents who may have concerns about their youngster's behavior, Dr. Ellen Leibenluft talks about possible warning signs. Dr. Leibenluft is Senior Investigator and Chief of the Bipolar Spectrum Disorder Section at the National Institute of Mental Health.

<http://www.nimh.nih.gov/media/video/speaking-of-science/index.shtml#p76774>

#### *Latest Inside NIMH Available*

The April 2010 edition of *Inside NIMH* discusses initiatives that the Institute is now supporting using funds from the American Recovery and Reinvestment Act, as well as important NIH-wide and NIMH-specific updates.

<http://www.nimh.nih.gov/research-funding/newsletter/2010-april-inside-nimh.html>

### **New on NIDA Website**

#### *Latest NIDA Notes Available*

The latest issue of *NIDA Notes* includes summaries of research findings related to positive outcomes of the Good Behavior Game intervention, the use of integrated group counseling to improve outcomes in difficult to treat dual-disorder populations, and the genetic connection between bipolar disorder and substance use disorder.

[http://www.nida.nih.gov/NIDA\\_Notes/NNIndex.html](http://www.nida.nih.gov/NIDA_Notes/NNIndex.html)

#### *New Reality Videos for Teens*

In fast-moving, 2-minute video clips on its Web site for teens, NIDA staff scientists pause in the midst of various recreational activities to speak about the dangers of drug abuse. In NIDA's version of reality television, these videos address nicotine addiction, adverse effects of marijuana, misuse of painkillers, and harmful effects of steroid use.

[teens.drugabuse.gov/new\\_media/video.php](http://teens.drugabuse.gov/new_media/video.php)

### **NIH Research Matters**

#### *Impaired Brain Connections Traced to Schizophrenia Mutation*

The strongest known genetic cause of schizophrenia impairs communication between two brain regions and affects working memory, according to a study in mice.

<http://www.nih.gov/researchmatters/april2010/04122010schizophrenia.htm>

*Drug Abuse and Obesity Share Brain Mechanism*

Some brain mechanisms that contribute to drug addiction in humans also play a role in compulsive eating and the development of obesity in rats, according to a new study. If true in people, the finding may open doors to new approaches for reducing obesity.

<http://www.nih.gov/researchmatters/april2010/04122010compulsive.htm>

**AHRQ: Research Activities**

*Nearly Two-Thirds of Mothers With Depression Do Not Receive Adequate Care for Their Condition*

A new study finds that about 65 percent of mothers who suffer from depression do not receive adequate treatment for their condition. In other words, they do not receive the care necessary to reduce or eliminate depression symptoms so they are able to function at work and home with little chance for relapse. Of the 2,130 mothers in the study, 9.5 percent reported experiencing depression. Of these women, 37.9 percent did not receive any treatment, 27.3 percent received some treatment, and just 34.8 percent received adequate treatment for depression. Researchers used AHRQ Medical Expenditure Panel Survey data for this study, which was funded in part by AHRQ.

<http://www.ahrq.gov/research/apr10/0410RA12.htm>

*Neighborhoods, Abuse, and Anxiety Contribute to Low Birth Weights*

Babies born with low birth weights often struggle to keep up physically and mentally with their peers. In some cases, their lean beginnings lead them to suffer from chronic conditions, such as high blood pressure, heart disease, and diabetes. A new study finds that maternal internal stressors of abuse and anxiety are linked to low birth weights, possibly due to their effect on hormone levels. Further, high-crime neighborhoods, an external stressor, may also lead to low birth weights because mothers may perceive their neighbors as threatening rather than supportive.

<http://www.ahrq.gov/research/apr10/0410RA13.htm>

*Many Older Adults with Mental Health Problems Do Not Believe They Need Help*

Mental health problems as well as alcohol and substance abuse, are common in older adults, yet only half of these individuals actively seek treatment and use mental health services. A new study has found that many older adults with mental health problems don't feel the need for treatment. Those who do perceive the need for care tend to have more symptoms of depression and other chronic health conditions.

<http://www.ahrq.gov/research/apr10/0410RA31.htm>

*HIV Patients with Psychiatric Disorders are Less Likely to Discontinue HAART*

Patients with HIV infection and psychiatric disorders are significantly less likely to discontinue highly active antiretroviral therapy (HAART) during the first and second years of treatment. A partial explanation for this may be the advantage of their mental health visits, suggests a new study.

<http://www.ahrq.gov/research/apr10/0410RA36.htm>

*Abused Women Have Higher Risks for Numerous Medical Disorders*

Health care professionals who treat women for mental health problems, sexually transmitted diseases, or serious injuries may want to ask their patients about possible abuse, suggests a new study. After scouring medical records and interviewing 3,568 randomly sampled women, researchers found that the 242 women who reported being abused in the past year had higher relative risks for certain mental, musculoskeletal, trauma-related, and reproductive conditions.

<http://www.ahrq.gov/research/apr10/0410RA10.htm>

**New SAMHSA Resources**

*SAMHSA: New Evidenced-Based Behavioral Health Practice Tool Kit Series*

SAMHSA is offering a new series of Evidence-Based Practice KITs. The KITs were developed to help move the latest information available on effective behavioral health practices into community-based service delivery. States, communities, administrators, practitioners, consumers of mental health care, and their family members can use the KITs to design and implement behavioral health practices that work. Currently, five KITs are available: 1) Assertive Community Treatment; 2) Integrated Treatment for Co-Occurring Disorders; 3) Supported Employment; 4) Family Psychoeducation; 5) and Illness Management and Recovery.

<http://mentalhealth.samhsa.gov/cmhs/CommunitySupport/toolkits/about.asp>

*Spanish Language Curriculum: LGBT and Substance Use Disorder Treatment*

The SAMHSA-supported Caribbean Basin and Hispanic Addiction Technology Transfer Center has released *Una Introducción para el Proveedor de Tratamiento de Abuso de Sustancias para Lesbianas, Gays, Bisexuales e Individuos Transgénero*. This supplemental curriculum was developed to provide practitioners and administrators' familiarity and knowledge about the interaction between LGBT issues and substance use disorders. The curriculum provides information to build skills in offering sensitive, affirmative, culturally relevant, and effective treatment to LGBT individuals in substance use disorders treatment.

<http://www.attcnetwork.org/regcenters/productdetails.asp?prodID=553&rcID=1>

*Latest Issue of the Recovery Month Social Media E-Newsletter*

The April issue of this e-newsletter includes a selection of news stories about using twitter and blogs to the fullest, as well as tips on creating online videos.

<http://www.recoverymonth.gov/Resources-Catalog/2010/Newsletter/April-Newsletter.aspx>

*Archived Webcast: Ignoring Instructions: The Importance of Using Prescription and Over-the-Counter Medications Properly*

This Center for Substance Abuse Treatment webcast examines why it is important to use medications properly, how certain populations (e.g., teens, senior citizens) may be at special risk, what treatment and recovery options are available, and why we need to increase public understanding through education about this issue.

<http://www.recoverymonth.gov/Resources-Catalog/2010/Webcast/April-Ignoring-Instructions-The-Importance-of-Using-Prescription-and-OTC-Medications-Properly.aspx>

### **New CDC Parent Portal for Healthy, Safe Children**

The Centers for Disease Control and Prevention (CDC) has launched *Parent Portal*, an encyclopedic website with links to information from all areas of CDC. Some of the many sections hold information about pregnancy, children's topics by age range, and issues of concern to parents arranged in alphabetical order. The widely varied topics include autism signs, body piercing, and school violence. Another section has information on topics targeted to health-care professionals and researchers, including subjects such as child abuse prevention, a brain injury toolkit for physicians, a parent training guide, and information on the effects of childhood stress.

<http://www.cdc.gov/parents>

### **New Reports from the Department of Justice**

*Improving Responses to People with Mental Illnesses: Tailoring Law Enforcement Initiatives to Individual Jurisdictions*

This new report from the Bureau of Justice Assistance explores the use of specialized policing responses (SPRs) in encounters with people who have mental illnesses. SPRs are designed to produce better outcomes from these encounters by training responders to use crisis de-escalation strategies and prioritize treatment over incarceration when appropriate.

[http://www.ojp.usdoj.gov/BJA/pdf/CSG\\_LE\\_Tailoring.pdf](http://www.ojp.usdoj.gov/BJA/pdf/CSG_LE_Tailoring.pdf)

*Youths' Needs and Services: Findings from the Survey of Youth in Residential Placement*

This report from the Office of Juvenile Justice and Delinquency Prevention (OJJDP) presents findings from the Survey of Youth in Residential Placement (SYRP) on how facilities have addressed youth's needs, what services youth receive, and where these services could be improved. Findings show that youth have substantive needs in the four areas examined—mental health, substance abuse, health care, and education.

<http://ojjdp.ncjrs.gov/publications/PubAbstract.asp?pubi=249735>

*Causes and Correlates of Girls' Delinquency*

This report from the OJJDP Girls Study Group Series provides a summary of the results of a review of more than 1,600 articles and book chapters from scientific literature on individual-level risk factors for delinquency and factors related to family, peers, schools, and communities. The review, which focused on girls ages 11 to 18, also examined whether these factors are gender neutral, gender specific, or gender sensitive.

<http://ojjdp.ncjrs.gov/publications/PubAbstract.asp?pubi=248352>

### **Volume 1, Issue 2 of ONDCP Update is Available**

The latest issue of *ONDCP Update*, the newsletter of the Office of National Drug Control Policy, is available. This issue includes articles on the increased misuse of prescription drugs in the military, the threat of substance abuse to returning veterans, and Operation Home Front, a program that provides housing for homeless female veterans and their children.

<http://www.whitehousedrugpolicy.gov/update/update-feb2010.pdf>

## **Calendar of Events**

### **National Conference on Health Communication, Marketing, and Media 2010**

*Call for Abstracts deadline: April 25, 2010*

*August 17–19, 2010, Atlanta, Georgia*

CDC and SAMHSA are sponsoring the fourth annual National Conference on Health Communication, Marketing, and Media. This year's theme is Convergence: Purpose, Programs, & Partners. The fields of health communication, marketing, and media are converging, with distinct sciences, methodologies, and technologies merging into a unified whole. This year's conference will further promote this "convergence" of purpose, programs, and partners, and examine its impact on processes and outcomes. The conference is slated to bring together individual researchers and practitioners from academia, government, non-governmental organizations, and the private sector, and provides a forum for collegial dialogue within and across these disciplines. The conference is an excellent opportunity to meet with colleagues and shape the future of health communication, marketing, and media research and practice.

<http://www.cdc.gov/healthmarketing/NCHCMM2010/index.htm>

### **Preventing Alzheimer's Disease Conference**

*April 26–28, 2010, Bethesda, Maryland*

To examine important questions about Alzheimer's and cognitive decline in older people, the National Institute of Aging and NIH's Office of Medical Applications of Research will convene a state-of-the-science conference in April to assess available scientific evidence. The Preventing Alzheimer's Disease and Cognitive Decline conference will feature experts from across the United States, who will consider various aspects of Alzheimer's Disease. The three-day conference will conclude with a presentation of a draft state-of-the-science statement.

<http://consensus.nih.gov/2010/alz.htm>

### **Sixth World Conference on the Promotion of Mental Health and Prevention of Mental and Behavioral Disorders: Addressing Imbalances: Promoting Equity in Mental Health**

*Call for Abstracts deadline: April 30, 2010*

*November 17–19, 2010, Washington, DC*

The conference sponsored by a number of agencies including SAMHSA and CDC, will address the mental health of people, in both rich and poor countries, and its importance for overall well-being. It offers a unique opportunity for researchers, public health practitioners, activists, educators, law enforcement personnel and others to come together to share findings, ideas and innovations.

<http://wmhconf2010.hhd.org>

### **Training: Supporting Children Living with Grief and Trauma**

*May 4–5, 2010, Urbana, Illinois*

The Office for Victims of Crime is sponsoring this training that will focus on the needs of children who experience grief and trauma as a result of homicide and how victim service providers, mental health professionals, and law enforcement can work together to best serve these children. Topics include: 1) the types and effects of traumatic events such as homicide; 2) the signs of grief and trauma in children affected by a homicide and the unique challenges surrounding this experience; and 3) strategies to enhance multidisciplinary responses to the special needs of children who experience grief and trauma.

<http://www.seiservices.com/OVCTTAC2010/04SupportingChildrenLivingwithGriefandTrauma.asp>

**Health Observance: National Children's Mental Health Awareness Day**

*May 6, 2010*

The National Children's Mental Health Awareness Day observance is designed to promote positive youth development, resilience, recovery and the transformation of mental health services delivery for children and youth with serious mental health needs and their families. This annual observance is designed to raise awareness of effective programs for children's mental health needs; demonstrate how children's mental health initiatives promote positive youth development, recovery and resilience; and show how children with mental health needs thrive in their communities.

<http://www.samhsa.gov/children/index.aspx>

**Partnering to Improve Health: the Science of Community Engagement**

*May 13–14, 2010, Arlington, Virginia*

The Community Engagement Committee of the National Center for Research Resources Clinical and Translational Science Awards Consortium will partly sponsor this third annual conference focusing on aspects of community engagement. This year's conference will emphasize the scientific rigor of community engagement. Participants will discuss: 1) ways to build effective collaborations with community partners to increase clinical research study participation and improve health outcomes; 2) methods, models, and outcomes that demonstrate measurable health improvements; 3) development and refinement of research tools to improve community engagement efforts; and 4) ideas for identifying and securing local and regional resources. The conference will also feature a community engagement poster session.

[http://www.aptrweb.org/prof\\_dev/ce\\_registration.html](http://www.aptrweb.org/prof_dev/ce_registration.html)

**National Lab Day: A National Barn Raising for Hands on Learning**

*May 12, 2010*

National Lab Day (NLD) unites teachers requesting help on a project with local scientists to provide high-quality science experiences for students. Championed by President Obama and more than 200 science, technology, engineering, and math societies and organizations, NLD is more than just one day—activities go on throughout the year, with an annual celebration in May.

[http://www.nih.gov/about/director/03122010\\_statement\\_natlabday.htm](http://www.nih.gov/about/director/03122010_statement_natlabday.htm)

**NIH 2010 Regional Seminar on Program Funding and Grants Administration**

*June 24–25, Portland, Oregon*

This annual seminar for prospective NIH grantees will demystify the application and review process, clarify federal regulations and policies, and highlight current areas of special interest or concern.

Grants administrators, researchers, graduate students and others are encouraged to attend. An optional electronic Research Administration (eRA) Hands-on Computer Workshop will be available prior to the seminar on June 23, 2010.

[http://grants.nih.gov/grants/Portland\\_2010/index.html](http://grants.nih.gov/grants/Portland_2010/index.html)

## **Calls for Public Input**

### **SAMHSA: Celebrating Those Who Make a Difference for Mental Health**

Join SAMHSA in recognizing entertainment industry professionals and mental health consumers who have given a voice to people with mental health problems. The Voice Awards honor film and television writers and producers who incorporate dignified, respectful and accurate portrayals of people with mental illnesses into their scripts, programs and productions. The awards also recognize the accomplishments of consumer leaders who have been instrumental in both raising awareness and understanding of mental health issues and promoting the social inclusion of people with mental health problems. Nominations are open to anyone, are free and there is no limit to the number an individual may submit.

Entertainment industry nominations due: April 30, 2010

Mental health consumer nominations due: May 14, 2010

<http://whatadifference.samhsa.gov/voiceawards/nominate.html>

### **Comment on HHS Open Government Plan**

HHS announces the debut of its HHS Open Government Plan. Under the leadership of President Obama and Secretary Sebelius, HHS is committing to take Open Government to a whole new level. This plan represents an enormous amount of thinking and hard work by folks from across HHS -- Open Government innovators who are spearheading efforts like the new Centers for Medicare and Medicaid Dashboard and the Food and Drug Administration's FDA-TRACK Website, both of which are debuting in beta with the launch of this plan. HHS welcomes comments about the plan and how they can improve it. They are also seeking comments on how HHS can make its information and department more accessible.

<http://www.hhs.gov/open/index.html>

## **Funding Information**

### **SAMHSA Announces Request for Application: Community Resilience and Recovery Initiative**

SAMHSA is accepting applications for fiscal year 2010 Community Resilience and Recovery Initiative (CRRI) grants. The purpose of this place-based initiative is to improve behavioral health outcomes through enhanced coordination and evidence-based health promotion, illness prevention, treatment, and recovery support services in communities affected by the recent economic downturn. Through coordinated services the CRRI will work in funded communities to:

- Reduce depression and anxiety;
- Reduce excessive drinking (and other substance use if the community chooses);
- Reduce child maltreatment and family violence;
- Enable communities to better identify and respond to suicide risk;
- Build a sense of cohesiveness and connectedness;
- Enable coordination across service systems and community organizations; and
- Improve community resilience and reduce the impact of the economic downturn on behavioral health problems.

Application Deadline: May 28, 2010

<http://www.samhsa.gov/Grants/2010/SM-10-015.aspx>

### **Application Period Opens for SAMHSA's Campaign for Mental Health Recovery Awards**

Each year, SAMHSA provides the Campaign for Mental Health Recovery (CMHR) State Awards, which fund selected consumer-run organizations across the United States to promote the CMHR on the State and local levels. These awards provide support for community-based efforts to promote recovery and to counter negative perceptions, attitudes, and beliefs associated with mental health problems. This year, SAMHSA will award six \$20,000 grants for statewide and community-based efforts that promote and expand the What a Difference a Friend Makes campaign. Application Deadline: June 7, 2010

<http://www.promoteacceptance.samhsa.gov/CMHR/awards/2010awards.aspx>

### **Programmatic Funding**

#### **HRSA: Health Careers Opportunity Program**

<https://grants.hrsa.gov/webExternal/SFO.asp?ID=79A96BF3-93A1-4595-8897-0413D6C0DF4D>

### **Research Funding Opportunities**

#### **Selected Program Announcements**

#### **Bioengineering Nanotechnology Initiative (SBIR [R43/R44]) (PA-10-150)**

<http://grants.nih.gov/grants/guide/pa-files/PA-10-150.html>



### **U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES National Institutes of Health**

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The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) with support from the National Institute on Drug Abuse (NIDA) and in cooperation with the Substance Abuse and Mental Health Services Administration (SAMHSA) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information on the NIMH Outreach Program please visit

<http://www.nimh.nih.gov/outreach/partners>.

To subscribe to receive the *Update* every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml>

The information provided in the NIMH Update is intended for use by the Outreach Partners, National Partners, and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education, and partnership programs.